

13th European Experts' Meeting on Self-Help Support



May 13-16, 2015 Chania Crete

13TH EUROPEAN EXPERTS' MEETING ON SELF-HELP SUPPORT at CHANIA

PROGRAM

WEDNESDAY 13/5/2015

<u>12.30-13.00</u>	<ul style="list-style-type: none"> Opening of the Meeting/Registration (with Coffee and snacks)
<u>13.00-14.00</u>	<ul style="list-style-type: none"> Greetings by representatives of Ministry of Health Greetings by representatives of Municipality of Chania
<u>14.00-16.00</u>	<ul style="list-style-type: none"> The Ups and Downs of Self-Help Support in the USA speech by Edward Madara, USA Commentator: Jurgen Matzat, Germany
<u>16.00-16.15</u>	<ul style="list-style-type: none"> Short break
<u>16.15-18.15</u>	<ul style="list-style-type: none"> Supporting Self-Help/Mutual Aid Groups in Eras of Social Dislocation: Emerging themes from the Field (Sotiris Lainas and Kiki Dimitriadou, Greece) Self-Help Clearing Houses in Germany: First Results of the SHILD Study (Jurgen Matzat, Germany) National Research Project for Community Self-Help in Switzerland by (Carmen Rahm and Bettina Häfeli, Switzerland) Promoting Self-Help in Norway (Hilde Nøkleberg and Mette Smedstad, Norway)
<u>18.15-19.45</u>	<ul style="list-style-type: none"> Guided Tour in Old Port of Chania
<u>19.45</u>	<ul style="list-style-type: none"> Dinner

THURSDAY 14/5/2015

<u>9.00-11.00</u>	<ul style="list-style-type: none"> Country Reports
<u>11.00-11.30</u>	<ul style="list-style-type: none"> Coffee Break
<u>11.30-13.00</u>	<ul style="list-style-type: none"> Country Reports
<u>13.00-15.30</u>	<ul style="list-style-type: none"> Lunch Break
<u>15.30-17.00</u>	<ul style="list-style-type: none"> Self-Help in Tuscany: Facing the Change in a Changing World (Fausto Petrini, Italy) Encouraging Professionals to understand, support and work with

Organization



Self-Help Promotion Program
Aristotle University of Thessaloniki

With the support of



MUNICIPALITY OF CHANIA



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	<p>Self-Help Groups,(Paige Bramley, England)</p> <ul style="list-style-type: none"> • Self-Help: Professionals and Volunteer Work (Irja Mikkonen, Finland)
<u>17.00-17.30</u>	<ul style="list-style-type: none"> • Coffee Break
<u>17.30-18.30</u>	<ul style="list-style-type: none"> • The situation of self-help groups and self-help support in Austria (Andreas Keclik, Austria) • Self-Help in Norway (Hilde Nøkleberg and Mette Smedstad, Norway)
<u>18.30-20.00</u>	<ul style="list-style-type: none"> • Men and Self-Help (Cathrine Sort and Casper Bo Dano, Denmark) • Empowerment and Self-Help (Helena Palojarvi, Finland) • From self-help to self-management (Carmen Rahm, Switzerland)
<u>20.15</u>	<ul style="list-style-type: none"> • Dinner

FRIDAY 15/5/2015

<u>9.00-10.30</u>	<ul style="list-style-type: none"> • Working with Black, Asian and Ethnic Minority Groups (Velma Hamilton, England) • Unemployment and Self-Help (Anat Moshe, Israel) • Discussing about the Key Features of Self-Help Groups in the Field of Drug and Alcohol Addiction (Valentina Dimitriadou and Ilias Chouliaras, Greece)
<u>10.30-11.00</u>	<ul style="list-style-type: none"> • Coffee Break
<u>11.00-13.00</u>	<ul style="list-style-type: none"> • Workshops <p>Suggested themes:</p> <ol style="list-style-type: none"> 1. Definitions of Self-Help Groups in different countries 2. Self-Help support and emerging citizens' initiatives in the field of health in different countries: Perspectives and dangers 3. Potentials and perspectives of wider cooperation among self-help supporters in European Countries.
<u>13.00-14.30</u>	<ul style="list-style-type: none"> • Lunch Break
<u>14.30</u>	<ul style="list-style-type: none"> • Departure for Heraklion
<u>16.30-18.00</u>	<ul style="list-style-type: none"> • Guided Tour in Archaeological site of Knossos
<u>18.00-19.00</u>	<ul style="list-style-type: none"> • Guided Tour in Archaeological Museum of Knossos
<u>19.15-20.30</u>	<ul style="list-style-type: none"> • Dinner
<u>20.30</u>	<ul style="list-style-type: none"> • Departure for Chania

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SATURDAY 16/5/2015

<u>9.00-11.00</u>	<ul style="list-style-type: none">• Field Visit (Self-Help Promotion Program of Chania) Examples from the Field<ul style="list-style-type: none">➤ Promoting Self-Help/Mutual Aid in the Field of Education and Health (Maria Dafa, Psychologist)➤ Self-Help / Mutual Aid initiatives in the field of Autism/ Asperger Syndrome and self – help promotion. Representative of a local initiative
<u>11.00-11.30</u>	<ul style="list-style-type: none">• Coffee Break
<u>11.30-13.30</u>	<ul style="list-style-type: none">• Closing Remarks/Decision for the next Meeting
<u>13.30-15.30</u>	<ul style="list-style-type: none">• Lunch

*Note that there might be minor adjustments in the program

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