



Unemployment and Self Help

ISRAEL 2015

ANAT MOSHE



Etza
Israel Self Help
Center

משרד הרווחה
והשירותים החברתיים
הלב פתוח לרווחה





Self help in Israel 2015

In Israel there are more than 500 self help groups and organizations that operate either with the establishment or without it.

There are also three working self help centers on a municipal basis: in Jerusalem, in Haifa and in Beer Sheva. In addition, there are three more pilot projects aiming to establish such centers in Pardes Hana, in Nazeret and in Ramat Gan.

Expanding the use of self help

- The issue of self help support is in process of moving from the hands of non-profit organizations to the responsibility of governmental services.
- Collaboration in different areas in order to implement selfhelp as a method.



Employment Program

Within the “Project of Employment Inclusion” groups were established and received a structured learning process. These groups are an excellent basis for cooperation and a good opportunity to implement self help approach.

Target population- unemployment



people
with
special
needs




minorities:
Arabs
Druze



Orthodox
Jews

Each participant has one year in the program



Group training
and support


Professional
training

Individual
counseling

60 – 70 % maintain a job



Maintaining success in employment



In the end of the process some of the groups may continue to meet without external guidance and develop independently into a self help group, supporting each other in the path of entering the employment world.



Aims of the self help program

Establishing groups for mutual support, that will be self maintained, and help the participants with their integration into the employment world.

Targets

- Building a partnership between programs.
- Training the staff on the method of self help approach.
- Leading the groups into the stages of transition from a guided group to a self help group.
- Implementing a group process in order to continue for at least 6 months after entering the employment world.

Success parameters

- **6-10 group meetings.**
- **Social network.**
- **Mutual help between participants.**
- **Setting a common cause and targets.**
- **Escorting participants in the new group.**

Ultra orthodox women in

Netivot

- Netivot is near the Gaza strip- bombed occasionally, sometimes during a few weeks.
- More than 50% of the inhabitants are ultra orthodox Jews.
- Big families: 5-12 children.
- Men are yeshiva students (Talmudic academy)
- Many live on social security benefits.
- Peripheral area: low employment supply.
- Lack of general education.

Group of 15 graduates of employment programs



Building group leadership
providing tools to run
the group independently.



The Group
conducted
10 sessions
Independently.



The group gave me tools to deal with customers.

40 year-old single-parent opened a catering business.



The group gave me the ability to combine studies and family.

26 year-old mother social work student.

In conclusion :

- The project is held in five other cities.
- This is an opportunity to work in the self help approach with disadvantaged populations.
- It is a professional partnership of various departments in the Ministry of Social Affairs.
- And most importantly the project is

A security network for women in the new way of life.

